

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Barnett's Artisan Bread, Extra Virgin Olive Oil & Balsamic Vinegar (vg)	Y <small>Unknown</small>					Y								Y	1
Gordal Olives, Sea salt, EVOO (vg)														Y	
Acai Berry Superfruit Granola Bowl (vg) Strawberries, Raspberry, cranberry, kiwi, almond granola, coconut yoghurt, caramelized banana	Y <small>Unknown</small>				M		Y <small>Alm Brz Cas Haz Mac Pec Pis Wal</small>						Y	Y	1
Forgans Eggs - Poached Eggs, Breakfast Muffin, Hollandaise - Bacon	Y <small>Bar</small>					Y			Y	Y				Y	1
Forgans Eggs - Poached Eggs, Breakfast Muffin, Hollandaise - smoked salmon	Y <small>Bar</small>			Y		Y			Y	Y				Y	1
Forgans Eggs - Poached Eggs, Breakfast Muffin, Hollandaise - Spinach	Y <small>Bar</small>					Y			Y	Y				Y	1
Full Forgans Fry Up Bacon, Pork Sausages, Poached Eggs, Black Pudding, Hash Brown, Tattie Scone, Mushrooms, Tomato & Toast	Y <small>Whe Oat</small>							Y	Y	Y				Y	1

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Full Veggie Fry Up Veggie Sausages, Poached Eggs, Hash Browns, Tattie Scone, Mushrooms, Tomato & Toast	Y Unknown							Y	Y	Y				Y	1
Smashed Avocado (vg) - Toasted Sourdough, Grilled Cherry Vines, Chili & Lime Smashed Avocado, Chia Seeds, Coriander	Y Unknown													Y	1
Smashed Avocado (vg) - Toasted Sourdough, Grilled Cherry Vines, Chili & Lime Smashed Avocado, Chia Seeds, Coriander - add eggs	Y Bar								Y					Y	1
Bowl of Soup (V) , Barnett's Bread	Y Unknown					Y		Y		Y	Y				1
Gordal Olives - Orange & Thyme (vg)														Y	1
Vegan Haggis Dumplings, Oatmeal Crumb & Whisky Sauce	Y Unknown						Y Brz Cas Haz Mac Pec Pis Wal	Y	Y		Y			Y	1
Burrata Cheese & Salt Baked Beetroot (v) - Fresh Pomegranate, Micro Basil, Sherry Vinegar	Y Unknown							M	Y	Y	Y	Y		Y	1
Crispy Tempura Prawn - Pink Pickled Ginger, Spring Onion, Sesame, Teriyaki Dips	Y Whe Bar	Y		Y	Y		Y Brz Cas Haz Mac Pec Pis Wal	Y		Y		Y	Y	Y	1
Duck & Apricot presse - Endive, Beetroot Jam, Crackers	Y Whe													Y	
Forgan's Cullen Skink, Artisan Bread & Butter	Y Unknown			Y						Y					1

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Fresh Soup of the Day - Served with Crusty Bread	Y Unknown							Y		Y	Y		Y		1
Haggis 'Bon Bons', Arran Whisky Aioli	Y Unknown							Y	Y			Y		Y	1
Pistachio Whipped Goats Cheese (v) - Pickled Golden Beets, Mango Salsa, Burnt Charcoal Cracker	Y Whe Bar				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y		Y	Y	Y	Y		2
Classic Cheeseburger, one 3oz Patties, American Cheese, Crisp Gem Lettuce, Sesame & Poppy Seed Bun, Burger Sauce	Y Whe									Y		Y	Y	Y	1
1/2 Haggis Neeps & Tatties, Mashed potato, turnip, Ramsay's of Carluke haggis, Whiskey Gravy	Y Oat							Y		Y	Y				3
1/2 Fish & Chips IPA battered catch of the day, tartare sauce, lemon, chunky chips	Y Whe Bar			Y				Y		Y	Y	Y		Y	1
1/2 portion Award-winning vegan "Fish & chips" - Banana Blossom, Tartare Sauce, Lemon, Pickled Onion, Hand Cut Chips	Y Whe Bar							Y				Y		Y	1
1/2 smoked haddock Mac & Cheese	Y Unknown			Y				M	Y	Y		Y			1
Afternoon Tea - Homemade Scone, Jam & Clotted Cream	Y Whe							M	Y	Y				Y	
Bread Roll & Whipped Butter - Side	Y Unknown									Y			Y		
Award Winning "Fish" & Triple Cooked Chips - Marinaded Banana Blossom, Skin on Chips, Tartare Sauce, Crushed Peas, Dill Pickles, Lemon	Y Unknown							M				Y		Y	1

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Ayrshire Chicken Supreme - Dauphinoise Potato, Steamed Tenderstem Broccoli, Haggis 'Bon Bon', Pink Peppercorn Sauce	Y Whe Rye Bar Oat	M	M	M	M	Y	M Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y	M	M	Y	1
Gressingham Duck Breast - Sweet Potato Fondant, Charred Pak Choi, Red Wine Jus	Y Bar						Y Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y			Y	1
Lemon & Rosemary Cod - Saffron, Chorizo & Potato Broth, Asparagus, Serrano Crisp				Y	M		M Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y				1
Line Caught Haddock & Triple Cooked Chips - Innis & Gunn Batter, Skin on Chips, Tartare Sauce, Crushed Peas, Dill Pickles, Lemon	Y Whe Bar			Y				Y	Y			Y		Y	1
Ramsey of Carluke Haggis, Bashed Neeps & Tatties - Root Vegetable Crisps, Whisky Sauce	Y Oat					Y		Y		Y	Y	Y		Y	1
Spring Pea & King Oyster Risotto - Asparagus, Spring Pea, Chive, Gran Kinara Shavings (Vegan Option Available)						Y		Y	Y	Y	Y			Y	2
Veggie Ramsey of Carluke Haggis, Bashed Neeps & Tatties - Root Vegetable Crisps, Whisky Sauce	Y Unknown					Y		Y		Y	Y	Y		Y	1
Lemon & lime chicken Soul Bowl - Avocado, Carrot, Pickled Red Cabbage & Cucumber, Edamame Beans, Wild Rice	Y Whe Rye Bar Oat				Y	Y	Y Brz Cas Haz Mac Pec Pis Wal	Y				Y	Y	Y	2

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Pickled Red & Gold Beet Salad, Baby greens, Aged Feta, Pumpkin Seed, Orange	Y Unknown				Y		Y Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y	Y	Y		2
Smoked Salmon Soul Bowl - Avocado, Carrot, Pickled Red Cabbage & Cucumber, Edamame Beans, Wild Rice	Y Whe Rye Bar Oat			Y	Y	Y	Y Brz Cas Haz Mac Pec Pis Wal	Y				Y	Y	Y	2
Toastie - Crispy Fried Chicken, Sriracha, Burger Cheese Melt, Waffle	Y Whe Rye Bar Oat				Y		Y Brz Cas Haz Mac Pec Pis Wal	M	Y	Y	Y	Y	Y		2
Toastie - Crispy Fried Chicken, Sriracha, Burger Cheese Melt, Waffle, Fries	Y Whe Rye Bar Oat				Y		Y Brz Cas Haz Mac Pec Pis Wal	M	Y	Y	Y	Y	Y		2
Toastie - Kale, Maple Roast Beets, Feta Cheese Crumb, Gordal Olive (vg)	Y Whe Rye Bar Oat							Y	Y	Y				Y	1
Toastie - Kale, Maple Roast Beets, Feta Cheese Crumb, Gordal Olive (vg) Fries	Y Whe Rye Bar Oat							Y	Y	Y				Y	1
Toastie - Macaroni, Sticky Glazed Beef	Y Whe Rye Bar Oat							Y	Y	Y					1
Toastie - Macaroni, Sticky Glazed Beef & Fries	Y Whe Rye Bar Oat							Y	Y	Y					1
Toastie - Ramsey's Haggis & Black Pudding, Hp Brown Sauce	Y Whe Rye Bar Oat							Y	Y	Y					1

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Toastie - Ramsey's Haggis & Black Pudding, Hp Brown Sauce, Fries	Y Whe Rye Bar Oat							Y	Y	Y					1
Toastie - Triple Cheese, Taleggio, Smoked Applewood, Clava Brie (v)	Y Whe Rye Bar Oat							Y	Y	Y					1
Toastie - Triple Cheese, Taleggio, Smoked Applewood, Clava Brie (v) Fries	Y Whe Rye Bar Oat							Y	Y	Y					1
add sweet potato fries															1
Apple & Celeriac Slaw (v)	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal		Y		Y	Y		Y	2
Dauphinoise Potato (v)								Y	Y	Y	Y			Y	
Forgans Leaves (vg)															1
Skin on fries														Y	1
Skinny Fries															1
Truffle & Parmesan Skinny Fries	Y Whe Rye Bar Oat								Y	Y				Y	2
Cranachan Sundae - Raspberry Ripple Ice Cream, Torched Oats, Brandy-Soaked Raspberries, Heather Honey	Y Whe									Y					
Dark Chocolate & Orange Tart - Chocolate Soil, Orange Sorbet, Tangy Lemon Balm					M		M Unknown	Y		Y					

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Sticky Toffee Pudding Smoked Almonds, Butterscotch, Vanilla ice Cream	Y Whe				M		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
Vanilla & Lemon Curd Cheesecake - Lemon Curd, Mango Salsa, Honeycomb Shard							Y Brz Cas Haz Mac Pec Pis Wal		Y	Y					
8oz Flat Iron Steak Frites - 28-day Aged Flat Iron, Skinny Fries, Watercress, Pink Peppercorn Sauce	Y Whe					Y		Y		Y	Y			Y	1
Forgans Steak Burger - 6oz Aged flank steak, Crisp Iceberg, tomato, Baconnasia, Smoked Applewood, Skinny Fries, Apple Slaw, Sesame & Poppyseed Brioche Bun	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y	Y	Y	Y	Y	2
Moving Mountain® Burger - Brioche Style Bun, Sliced Onion, Vegan Applewood, Gherkin, Lettuce, Tomato, Apple Slaw	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y		Y	Y		Y	2

* Allergens marked with 'M' may contain that allergen.

■ Yes ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye

Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts